

Uniform Cheat Sheet

Ask your NCOs for assistance if you have any questions at all!



HAIR

*Natural hair color

Females

- No wispies (loose hair) and gelled up.
- Hair off collar.
- Net and bobby pins are the same color



SHORT



BUN

2.5 cms [

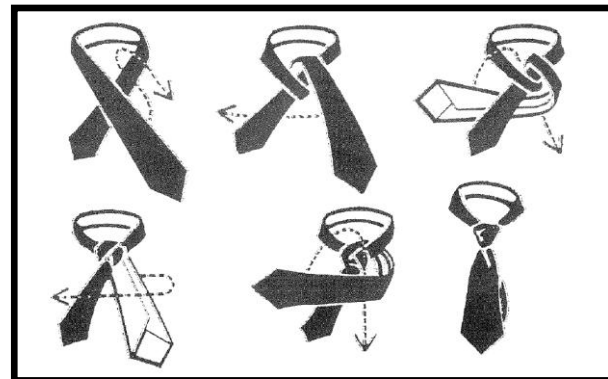


Males

- Hair off ears and off collar
- No more than 4 cm in bulk & 15 cm in length

TIE

Double Windsor knot



IRONING

- Always use a cloth between your uniform and the iron.
- DO NOT directly iron onto your uniform.
- This will help you to AVOID creating STAINS and BURNS
- Always choose the RIGHT SETTING for your fabric

TUNIC

STARCH & FLAT PRESS
FLTS 1-3 ONLY

ALL
CADETS

- Iron
- NO creases
- Lint and wrinkle-free

- Collar
- All 4 pocket flaps
- Epaulets
- Placket

BLUE SHIRT

- Ironed (no starch)
- Crease down the centre of each sleeve
- WEAR RANK SLIP-ONS (2)



FRONT



PANTS

- Front creases go all the way up to just inside of the front belt loops
- Rear creases go all the way up to the centre belt loop in the back and should form an upside down V
- Creases go all the way down the pant legs
- Lint and wrinkle-free

REAR



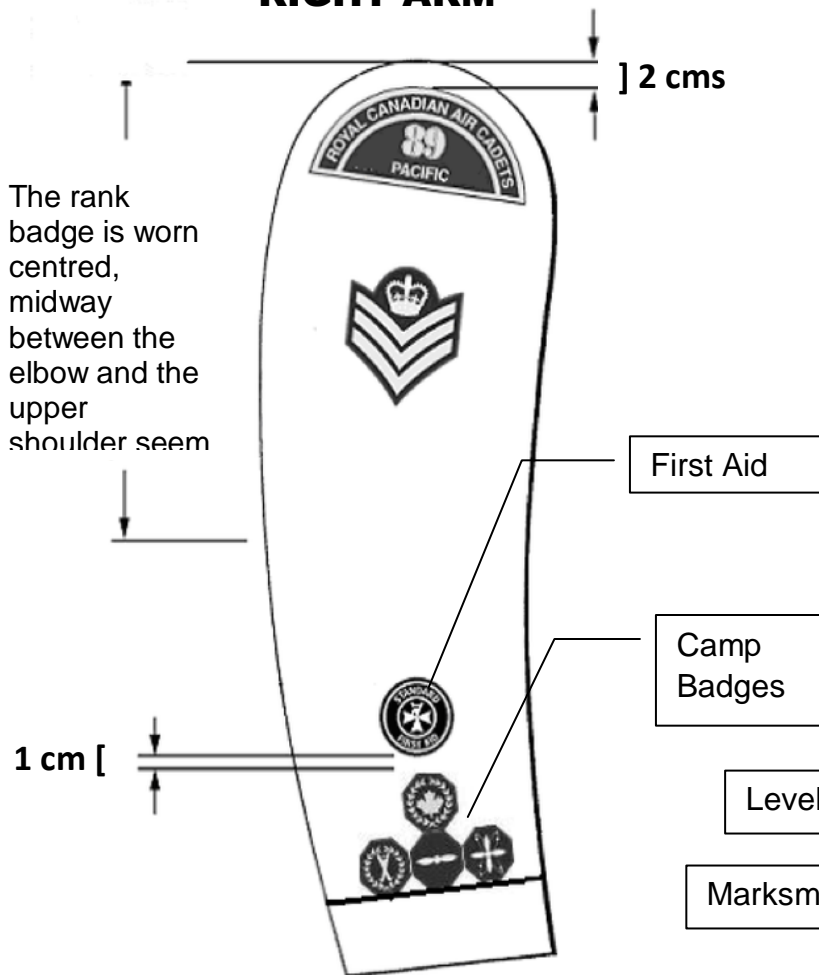
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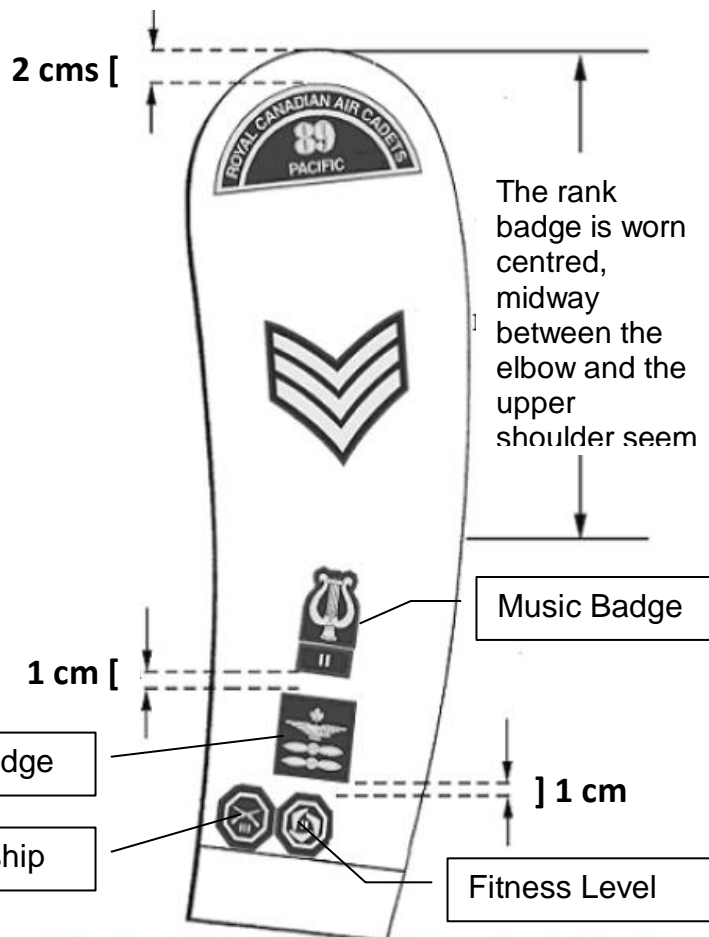
BADGE PLACEMENTS

RIGHT ARM



If no Summer Course Qualification Badges are worn, the First Aid badge is worn 1 cm above the cuff.

LEFT ARM



If no Fitness Program, Marksmanship Classification or Glider Pilot Camp badges are worn the Squadron Proficiency Level or Music badges are worn immediately above the cuff

SHINING

- START – by cleaning your boots, remove dust and dirt.
- Use a toothbrush to blacken welts and other parts of the bottom of the boot that don't touch the ground.
- Use KIWI Polish and Cloth
 - Apply basecoat (let polish sit for a bit)
 - Apply water
 - Apply very little polish
 - Polish boot in circular motion
 - Apply water as necessary
- Polish the entire exterior side of the boot (toe, heel, sides, keyhole)
- When done put a cloth over your boots so that they don't get dusty.

BOOTS

LACING BOOTS

